



Center for Mindfulness  
Finland

## Certificate of attendance

*Jarmila Skopalova*

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has participated in

### **Hakomi® workshop**

(Using Mindfulness & the Body to Gently Support Change –  
an Introduction to Hakomi Experiential Psychotherapy)

**15.-17.05.2015**

The workshop was held by Maci Daye (Ed.S, Ed.M, B.S). Maci is a leading expert in  
using mindfulness in psychotherapy.

She is a member of the international Hakomi®-bodypschotherapy training-team.

The workshop included 17 hours of training.

Helsinki 17.05.2015

*Maci Daye*

Maci Daye